

# **CHIA FRUIT SPREADS**



MADE WITH CHIA SEEDS **INSTEAD OF PECTIN** 

This is a fruit spread made with chia seeds instead of pectin. So, instead of putting industrially made pectin into your body, you put healthy and natural chia seeds, full of omega 3, fiber and protein.

- ALL NATURAL
- **HEALTHY INDULGENCE** FRUITY TASTE
- AMAZING BUTTERY TEXTURE
- FREE FROM ADDITIVES, PRESERVATIVES. ARTIFICIAL OR SYNTHETIC INGREDIENTS
- NO ADDED PECTIN OR ACIDS
- GLUTEN FREE & VEGAN
- GOOD SOURCE OF OMEGA 3 ALA
- · LOW IN SUGAR
- CLEAN LABEL (FRUIT, PURE CANE SUGAR OR ORGANIC AGAVE, ORGANIC CHIA SEEDS. LIME JUICE)
- W KOSHER
- 🗍 BAKE STABLE
- MADE IN MEXICO FROM LOCAL **INGREDIENTS.** ALL INGREDIENTS SOURCED WITHIN A 175 MILE RADIUS FROM MANUFACTURING PLANT.











Low calories, low sugars, low glycemic. Sweetened with organic agave



#### Strawberry

Ingredients: Strawberries, Organic Agave Nectar, Organic Chia Seeds, Lime Juice, Fruit Juice for color.

#### Raspberry

Ingredients: Raspberries, Organic Agave Nectar, Organic Chia Seeds, Lime Juice, Fruit Juice for color

#### Blackberry

Ingredients: Blackberries, Organic Agave Nectar, Organic Chia Seeds, Lime









#### Strawberry

#### Blackberry

Ingredients: Blackberries, Pure Non Refined Cane Sugar, Organic Chia Seeds, Lime Juice.

#### Raspberry

Ingredients: Raspberries, Pure Non Refined Cane Sugar, Organic Chia Seeds, Lime Juice.









idecs:

With plain yogurt

For a quick simple,

For a quick simple, clean and delicious treat



See more recipes at worldofchia.com



Pancakes

Give the pancake a better attitude

Oatmeal

Best match for a healthy meal



## **BAKED BRIE**

Topped with Blackberry Chia Fruit Spread

#### **INGREDIENTS**

- 1 piece of Brie cheese
- 1/3 cup Blackberry World of Chia Fruit Spread
- 1 tablespoon blackberries
- 1 tablespoon blueberries

### INSTRUCTIONS

- 1. Preheat oven to 375°F.

  Place parchment paper or
  a silicone mat on a baking
  sheet. Place the Brie on the
  prepared baking sheet.
  Bake for 7-10 minutes, or
  microwave for about 45
  seconds until it starts
  oozing but not melting.
- Top warm Brie with Blackberry World of Chia Fruit Spread and garnish with blackberries and blueberries.



A healthier option for a yogurt parfait



(ce cream)
Topping

Pure unguilty indulgence





Who said PB&J could not be good for you?